



One week Sample Menu

Riverdale Terrace's all-inclusive package includes 3 meals a day eaten in our beautiful dining room.

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Breakfast Chefs Special	Breakfast Pancakes	Breakfast Chefs Special	Breakfast Waffles	Breakfast Chefs Special	Breakfast Pancakes	Breakfast French toast
Lunch Cream of mushroom soup Grilled ham & Swiss sandwich Or Cabbage rolls Dessert Mousse	Lunch Vegetable rice soup Hot beef sandwich Or Chicken pot pie casserole Dessert Ice cream	Lunch Potato leek soup Fish taco Or Chili Dessert Tart	Lunch Beef noodle soup Egg salad sandwich Or Mini pizza Dessert Cookies	Lunch Cream of vegetable soup Grilled cheese sandwich Or Crab salad Dessert Squares	Lunch Roasted red pepper & tomato soup Cod nuggets Or Club on spinach pastry Dessert Pudding	Lunch Split pea soup Smoked meat on rye bread Or Macaroni with tomatoes Dessert Ice cream
Dinner Roast Beef Or Lemon herb sole mashed potatoes Carrots Dessert Raisin Pie	Dinner Honey garlic chicken Or Sweet & sour meatballs Rice Pilaf Stir fried vegetables Dessert Lemon Cake	Dinner Chicken Cacciatore Or Tourtiere Mashed Potatoes Peas Dessert Macaroons	Dinner Smokey apple-wood salmon Or Baked ham Scalloped potatoes Baked beans Dessert Cheesecake	Dinner French onion chicken breast Or Boneless BBQ ribs Mixed vegetables Mashed potatoes Dessert Apple cake	Dinner Spaghetti & meat sauce Or Haddock strips Roasted potatoes Broccoli & cheese Dessert Cherry cobbler	Dinner Shepherd's pie Or Breaded chicken drumsticks Baked potato Corn Dessert Coconut cream pie