

## Caregiver Designation Form

### Designation of Caregiver(s) Under COVID-19 Visitor Policy

Essential visitors include a person performing essential support services (e.g., food delivery, inspector, maintenance, or health care services (e.g., phlebotomy) or a person visiting a very ill or palliative resident.

A **caregiver** is a type of essential visitor who is **designated by the resident and/or their substitute decision-maker** and visits to provide direct care to the resident (e.g., supporting feeding, mobility, personal hygiene, cognitive stimulation, communication, meaningful connection, relational continuity and assistance in decision-making). Examples of caregivers include family members who provide direct care, a privately hired caregiver, paid companions, and translators.

A **maximum of 2 caregivers** may be designated per resident **in writing using this form**.

Note: In order to limit infection spread, a resident and/or their SDM should be encouraged to change the designation of their caregiver in limited circumstances, including in response to:

- A change in the resident's care needs that is reflected in the plan of care; and/or
- A change in the availability of a designated caregiver, either temporary (e.g., illness) or permanent.

#### Caregiver Responsibilities:

- All visitors are responsible for adhering to applicable directives including Directive #3, Ministry for Seniors and Accessibility guidelines and Riverdale Terrace's visitor policy. Any non-adherence to the rules set out in the visitor policy could be the basis for discontinuation of visits for the non-compliant visitor.
- Visitors should consider their personal health and susceptibility to the virus in determining whether visiting a retirement home is appropriate.
- A maximum of 2 caregivers per resident may visit at a time where:
  - The community has **not** been identified under **Alert or High Alert status**, the home is **not** in an **outbreak**, and the resident is **not self-isolating or symptomatic**.
- A maximum of 1 caregiver per resident may visit at a time where:
  - The community **has** been identified under **Alert or High Alert status**, the home **is** in an **outbreak**, or the resident is **self-isolating or symptomatic**
- Prior to visiting any resident, visitors must follow screening requirements, including active screening, and safety review as applicable (attest to reading/watching applicable materials first time policy released and at least once every month thereafter)
- Caregivers are responsible for bringing their own PPE to comply with requirements for essential visitors as outlined in Directive #3. If unable to obtain the appropriate PPE, they may be refused entry.

Resident's Name: \_\_\_\_\_

ONTARIO RETIREMENT COMMUNITIES ASSOCIATION  
Riverdale Terrace Waterfront Retirement Residence



Designated Caregiver #1: \_\_\_\_\_ Relationship to Resident: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Designated Caregiver #2: \_\_\_\_\_ Relationship to Resident: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Designated By:  Resident /  SDM

Resident's Signature (if applicable): \_\_\_\_\_

SDM's Signature (if applicable): \_\_\_\_\_

Date: \_\_\_\_\_