

November

**



2023 Activities

With the winter weather upon us, we would like to recommend that you check that your windows and patio doors are firmly closed and locked at all times, and that patio furniture is secure for the winter.

With winter, comes cold and flu season. We would like to suggest some useful tips to avoid getting sick– 1) Get the flu shot, 2) wash your hands regularly, 3) Cover your mouth in your arm (not hand) when coughing, and 4) stay in your room if you are ill. These suggestions will help you and your fellow residents from being ill this winter season.

Your Riverdale Terrace Family

Vaccine Clinics:

Flu Shot: Tuesday, November 7th. Following your breakfast, please go to the Nurses Station.

Covid Booster: Wednesday November 15th starting at 9:00am in the Party Room. You will be called down when it is your turn.

Consent forms or the flu shot and the covid booster are at reception to be completed ahead of time



**Remember to put your clocks back when you go to bed on Saturday November 4th. **



November Birthdays

- 12– Gerry Houde
- 13– Barbara Adams
- 24– Diane Toyne
- 26– Pat Masterman
- 27– Jeanne Wigle
- 28—David Shillito
- 29– Stuart Young



Creativity

Crafts: (In the Craft room)

** Note: Residents must pre sign up for All Crafts.

November 8th: Remembrance Day Cross

November 29th: Christmas Tree Ornament



Baking: (In The Party room)

November 11th: Cream Cheese Brownies

November 26th: St. Catherine’s Pulled Toffy



Entertainment

In the Social Hall

- November 03- Mike McAnanay @ 2:00pm
- November 07- David Laundry @ 2:00pm
- November 14- Rob Taylor @ 7:00pm
- November 17- Virginia @ 2:00pm
- November 21- Wayback Machine @ 2:00pm
- November 24- Ultra Classics @ 2:00pm



Residents are reminded to please check the Activity board across from reception throughout the day for any program changes.



The Tuck Shop is open every Tuesday.
from 3:15pm—4pm
We have Snacks, gifts & more!

If you would like to purchase things outside of this time let Reception or the Activity Department know!

We like to hear from you– If you have any comments please use our **Suggestion Box** in our Main Lobby.



Special Socials this Month:

Make sure to join us for our Socials:

November 10th **Ice Cream Sundaes**

November 28th: **Fudge Social**

—featuring samples of fudge from Cowan's Dairy . Come to the Vines room and treat yourself to a coffee and some fudge.



*Tuesday afternoons there are scheduled **Social hours**. Wine is provided . This is a time for residents to get together and visit .



Riverdale Terrace Movies:

November 2023



Monday & Sunday- Romance

Tuesday– Thriller

Wednesday– Comedies

Thursday– Action

Friday- Classic

Saturday– Musicals

Week #1

November 01- Blended(2014)

November 02- Divergent (2014)

November 03- Back to the future (1985)

Week #2

November 06- Wedding Season (2022)

November 07- Honest Thief (2020)

November 08- Mall Cop (2009)

November 09- The Mummy (1991)

November 10- Silverado (1985)

November 11- The Forgotten Battle (2021)

Week #3

November 12- That's Amor (2022)

November 13- The half of it (2020)

November 14- Home front (2013)

November 15- Mall Cop 2 (2015)

November 16- Code 8 (2019)

November 17- The Departed (2006)

Week #4

November 20- Made of Honor (2008)

November 21- The Foreigner (2017)

November 22- Murder Mystery (2019)

November 23- Red Notice (2021)

November 24- Oceans Eleven (2001)

November 25- A Beautiful Life (2023)

Week #5

November 26- Two Weeks Notice (2002)

November 27- Set it Up (2018)

November 28- Extraction 2 (2023)

November 29- Murder Mystery 2 (2023)

November 30- The Adam Project (2022)



REMEMBRANCE DAY
Left We Forget

Remembrance Day Nov 11, 2023– Thank you to all of our Veterans for the sacrifices that you made for our country.

Left, Right, Center: This is a fun dice game that keeps you on your toes. No strategy and all Luck! (\$3 to play)

Horse Races: Come to the races for the afternoon.

Choose your lucky horse and roll your way to victory. (\$2 to play)



*See your Activity Calendar for game dates and times

Religious Services:

Catholic Services

- Mass is **Thursday** mornings at 10:30am in the Social Hall
- Every **Wednesday @ 10:30am**. Prayer group meets in the Chapel to say the Rosary.

Protestant Services: Tuesday morning Services continue! Service starts at 10:00am. Please check the activity calendar.



Also in the Theatre– Armchair Travel (Monday @ 10am), Have a Laugh!

(Tuesday morning @ 10am), & Docuseries– Documentary Series (Alternating

Saturdays @ 9:45am) - Lists of these shows are posted on your Community Boards (located in the hallway by the Main Floor Elevator & in the Craft room).